

SUMMER EDITION
JUNE 2026

PIVOTAL PUBLIC HEALTH PARTNERSHIP

Opioid & Suicide Prevention Quarterly Newsletter

Highlighting prevention efforts for Chemung, Ontario, Schuyler, Seneca
Steuben, Wayne, and Yates County.

Volume 3, Issue 2

CHEMUNG

DRUG FREE COMMUNITY COALITION OF CHEMUNG COUNTY

The DFCC social media posts for May were centered around prevention and awareness for Mental Health Month. Other posts included results from the Clyde survey given to students in Chemung County schools, "Did you Know" posts, and more. To link to DFCC FB, click [HERE](#)

A survey was sent to the DFCC coalition members for feedback on strategic focus areas. The survey results showed that Youth Engagement is the top priority. Moving forward, there will be a survey to gauge the needs of the community along with their readiness to participate in change.

Saturday, April 24 was Drug Take Back Day. **1264 pounds of medication were collected with 309 people visiting the drop-off sites.** The DFCC will provide continued education and awareness by building relationships with dispensaries to promote safety and creating materials for the community to promote safety measures.

The Youth Engagement initiative is underway, working to determine Youth Advisory Board structure, Parent Advocacy Structure, and applications for youth Advisors and participants.

For their June meeting, coalition members met at the Wisner market in Elmira to table and spend some time connecting with the community. Visitors were given the opportunity to add their voice to the conversation by answering "what challenges do we need to address in our community" and "what is strong in Chemung County?"

[WEBSITE LINK](#)



STEBUBEN

STEBUBEN PREVENTION COALITION: OPIOID COMMITTEE

The Steuben Opioid Committee has been discussing ODMAP Spike Alert Response Planning. Steuben County Public Health, in partnership with the Opioid Committee, invited Lisa Worden and Jim Hawley from the Overdose Response Strategy (ORS) team to discuss how to translate ODMAP data into action. They discussed developing an overdose spike alert and response protocol, which means developing a simple, coordinated process to identify potential overdose spikes, understand the situation, discuss what you know, and implement an appropriate response. Their presentation was informative and helpful in developing a protocol. More information about ORS can be found [HERE](#).

As of January 1, the opioid committee has provided Narcan training for **273 Community members!**

Opioid Committee Members, in partnership with the Steuben County Sheriff's Office, collected **549 pounds of medication during National Prescription Drug Take Back Day!** The Opioid Coalition continues to support education and awareness of safe medication disposal.

The committee sends best wishes to Connie Terry, program assistant for the Steuben Opioid Coalition. Connie has been a strong advocate for harm reduction, working hard to reduce overdose risk and improve community safety in Steuben County. She is now retiring, and we wish her a happy retirement!



SCHUYLER

SUICIDE AWARENESS FOR EVERYONE (S.A.F.E.)

SAFE tabled at the **NASCAR event** in May, the **first annual Pride event** during the Montour Farmer's market, and at the **annual Waterfront Festival in June** to **distribute resources, increase visibility of the coalition, increase awareness of resources, and connect directly with community members.**

For **Mental Health Month in May**, **social media posts highlighting the dangers of AI** and youth were shared out on the SAFE FB and Insta pages. **The posts provide resources about AI literacy, the 988 site, and promoting in-person interactions.** Social media engagement was strong, generating a high number of views.

The annual **Schuyler Waterfront Festival and Cardboard Boat Regatta** took place on June 20, 2026. SAFE tabled, selling voting stones for the boat race and **sharing suicide prevention resources and information** (see photos).

Amanda shared the press release of the **statewide initiatives from the Office of Mental Health**, which can be found [HERE](#). There is money available for **programs that promote mental health stigma reduction**, which aligns well with SAFE's goal to increase mental health awareness and stigma reduction.



[WEBSITE LINK](#)

SENECA

OPIOID OVERDOSE TASK FORCE

SCOOP task force is working to establish and strengthen relationships across the county to increase community impact and expand overdose prevention efforts; it expanded emergency Narcan distribution to 35 partner locations with 308 doses deployed across the network and 614 doses distributed county-wide, partnering with wineries, restaurants, libraries, and other community organizations **to improve access to overdose prevention resources.** A complete distribution list has been developed to track distribution and partners

Outreach was conducted through tabling events including the **Ovid Strawberry Festival**. The **Waterloo Memorial Day Parade** and **North Ambulance safety event.**

In July, **SCOOP and the OFA have partnered for an educational event** at the Seneca County Senior Center to **address Suicidal Ideation, Opioid Use disorder, Social isolation, and Rural Stigmas that reduce access.** In August, door-to-door outreach for residents in Interlaken will be conducted in partnership with South Seneca Ambulance, FLACRA, and STEPS, **addressing social isolation, safe opioid storage, medical opioid dangers, suicide prevention, and community programs available to those seeking support.**

[Website link](#)



SUICIDE PREVENTION TASK FORCE

The **3rd annual Seneca County Suicide Prevention walk** took place on **Sunday, June 7, 2026, at Sampson State Park.** **Hundreds came out to support the cause.** Guest speakers, food trucks, and a silent auction filled the day. (see photos). If you are interested in **a raffle for Ella Langley tickets (CMAC concert)**, there is still time! There will be a live FB drawing on July 7th. All the raffle money goes directly to the Seneca County Suicide Prevention Coalition for continued work and projects. You can find the link [HERE](#). Click the donate and tickets button in the right corner; raffle tickets are \$20.

The coalition will be having their **second annual *Painting the Picture of Wellness* on August 31, 2026**, with a Color Fun Run for kids, Spin Art bike, Chalk Walk, music, and more **to promote self-care, creative expression, and social connection.**

A Town Hall is being planned for October 9th from 8 AM- noon to **increase awareness of suicide prevention, foster open dialogue about mental health, and gather community input.** It will feature speakers Garra Lloyd-Lester, Coordinator of Community and Coalition Initiatives, Suicide Prevention Center of New York, Office of Mental Health, and Mary Beth Dryer, Upstate Poison Center. Wellness activities and discussion with community members will highlight the morning.

[Website Link](#)



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YATES

YATES PREVENTION COALITION

ASIST, safeTALK, and SAVE trainings were offered in the past few months and **over 90 people** attended the trainings.

The YPC continues to participate in **Tabling and Outreach Events**, including the **Pageant of Bands, Fairytale Festival, and Passport to Wellness at Keuka College**. More tabling events to come this summer include the **Yates County Fair and Back to School events**.

The Substance Use Committee distributed a survey to schools and parents about vaping. The surveys are being used to gather feedback from students and parents/guardians on youth vaping perception, knowledge, and habits. They will be open until July 31st. **A community mapping project** around Youth Vaping, social supports, and protective and risk factors will begin in the Fall with a one-day workshop with community partners. A comprehensive GIS map of the information gathered will be produced at the end of this project.

The Out of Darkness Walk will be held on October 4th at Keuka College. Registration begins at 11 AM with the walk at 1 PM. There will be community outreach tables, Live music by Nate Michaels, a photo booth, raffle items, and more. Find more information [HERE](#).



[WEBSITE LINK](#)

ONTARIO

ONTARIO COUNTY SUICIDE PREVENTION COALITION SUBSTANCE ABUSE PREVENTION COALITION OF ONTARIO COUNTY

Medication Take Back Day was held on April 25. Despite rain and windy weather, **community participation was strong. The importance of safe medication disposal and community awareness efforts was highlighted.** 257.8 pounds of unused or expired medications and 65.44 pounds of sharps were collected for safe disposal.

Lock and talk medication bags are continuously shared with the group to take and disperse to community events. The first batch of 90 have been distributed throughout the community.

The coalition is engaged in important discussions on key issues. The group discussed and shared challenges on proper vape disposal policies, cost, and coordination with local authorities (please see flyer on secure vape disposal). **Coalitions in Action** and **Logic model** videos were viewed to start the conversation on what we can **do together to build a healthier community** working with the community. If interested, you can access [HERE](#).

The 5th annual Eddinger Memorial Golf Tournament will take place on July 24, 2026, at Clifton Springs Country Club. For more information, click [HERE](#).



Ontario Cares
Suicide Prevention Coalition

[WEBSITE LINK](#)



Ontario Cares
Substance Abuse Prevention

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WAYNE

WAYNE COUNTY SUICIDE PREVENTION COALITION

The Coalition will be distributing **Hunter Safety kits** again this year in July, containing tick kits & gun safety locks.

Two times a month, **WBHN offers Mental Health support for Wayne County EMS workers.**

In 2026, **100 Youth** have been trained in **Youth Mental Health First Aid**, and **200 adults** have been trained in **Adult Mental Health First Aid**. For more information, please contact mfrael@gmail.com or bdougherty-herman@delphirise.org (see flyer).

ASIST training will be offered June 29 and 30. There are 2 spots available. If interested, please register [HERE](#).

Safe Zone Training will be offered July 27. To register, please contact scatholdi@waynecountyny.gov.

Speakers from the **Brighter Days Pediatric Mental Health Urgent Care Center** and **URMC Crisis Call Line & Virtual MH Urgent Care** highlighted the services for children 18 and younger at their walk-in clinic, Brighter Days, and services to anyone over the age of 18 in NYS(Virtual). For more info, click the links: [BRIGHTER DAYS](#) [URMC Virtual Mental Urgent Care](#)

WEBSITE LINK



WAYNE COUNTY OPIOID TASK FORCE

Wayne County Task Force has new leadership with **Marianna Toye and Kerry VanAuken** from MH and PH taking the helm.

Wayne PH created a banner that hangs at the Newark Pilot Baseball home field and reads **Every Catch Counts; Catch the Signs, Carry Narcan**. The QR code on the Banner takes you to the Wayne website for more info on Narcan and Narcan training.

In partnership with local Dobbins pharmacy, 24,000 RX bags were printed and distributed from Dobbins Drugs in Lyons. The bags provide information on services and resources in Wayne County.

The Task Force continues to work with Wayne County EMS to implement the Leave Behind Program. Many red boxes are set up across the county, replacing expired Narcan as needed.

The Task Force's focus going forward will be on Housing, Recovery, and Education/Harm Reduction. Stay tuned for information on a RFP opportunity coming soon.

COALITION CONTACT INFORMATION

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Drug Free Community Coalition of Chemung County

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Breanna.Rosato@ontariocountyny.gov

Ontario County Hope and Healing Network

Kerry VanAuken,

KVanAuken@waynecountyny.gov

Marianna Toye

MToye@waynecountyny.gov

Wayne County Opioid Task Force

Connie Terry,

connie.terry@dor.org

Steuben Prevention Coalition: Opioid Committee

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Seneca County Suicide Prevention Coalition

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Yates Prevention Coalition

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Wayne County Suicide Prevention Coalition

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SCHUYLER COUNTY PUBLIC HEALTH INITIATIVES

What's HAPPENING IN OUR REGION

A Conversation with Sean Kennedy, Schuyler County Public Health

I recently spoke to Sean Kennedy, an AmeriCorps VISTA volunteer with the Rural Health Network who worked for the past year with Schuyler Public Health. Sean's work was focused on harm reduction, expanding what Schuyler Public Health has to offer under the area of injury prevention.

We met to talk about the **Free Public Health Kiosk initiative** in Schuyler to make public health resources more accessible throughout the community. The concept was inspired by harm reduction vending machines and looked to create a way to get public interest while creating a low-cost option with greater flexibility and the ability to offer a wider range of items. Each kiosk costs approximately \$60 to build using brochure stands and carts purchased through Amazon. Sean hand-painted each cart with Public Health branding and added interchangeable display panels to the front, allowing for easy updates for labels and rotation of resources as community needs change.

There are three kiosk locations: the Public Health office building, the Human Services Complex, and the Mill Creek Center, which houses Mental Health services and FLACRA. Since launching the program, there has been an overwhelming interest and utilization of the kiosks. Sean reports that it has far surpassed expectations simply by leveraging existing foot traffic with minimal promotion. There is hope to offer the kiosks at different sites in the future.

Included in the kiosks are Dispose Rx, Xylazine test strips, Fentanyl test strips, toothbrushes, Tick Kits, Detera bags, Safer Sex Kits, Med Lock Boxes, Gun Locks, Educational books, assorted magnets, and information from Schuyler's SAFE and SCCUDD coalitions.

From its onset in March 2026 to the present, over 1000 items have been distributed via the kiosk! Sean reported that it really shows the level of need for these kinds of resources, and it takes away the stigma component when individuals can freely take these resources as they are passing through these buildings.



**Free Public Health Kiosk
Initiative**

**PIVOTAL PUBLIC HEALTH
PARTNERSHIP**
Opioid & Suicide
Prevention
Quarterly Newsletter



What's
**HAPPENING IN OUR
REGION**

Schuyler County Waterfront Festival and Cardboard Regatta

The Waterfront Festival took place on Saturday, June 20, 2026. Hundreds of people came out to see 42 Cardboard boats race in the 33rd annual Cardboard Boat Regatta. Schuyler County SAFE tabled at the People's Choice Tent, selling voting stones and sharing SAFE information and resources. This event is a great partnership with event organizers and the SAFE coalition, with part of the proceeds from the stone sales going to the SAFE coalition.



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PARTNERSHIP**

**Opioid & Suicide Prevention
Quarterly Newsletter**



What's HAPPENING IN OUR REGION

Seneca County Annual Walking With Hope

Seneca Suicide Prevention Coalition held their 3rd annual Walking with Hope on June 7, 2026. Hundreds from the community came out to support on a beautiful weather day at the Vista at Seneca Lake Resorts. There were motivational speakers, food trucks, an auction, raffles, live music, and a 1 and 2 mile walk. Thanks to all who sponsored and donated this year! A special thanks to the great music by Clark Jackson and our sponsor Ecospect, who secured the CMAC tickets. All the money raised stays local to support the work of the Seneca County Suicide Prevention.



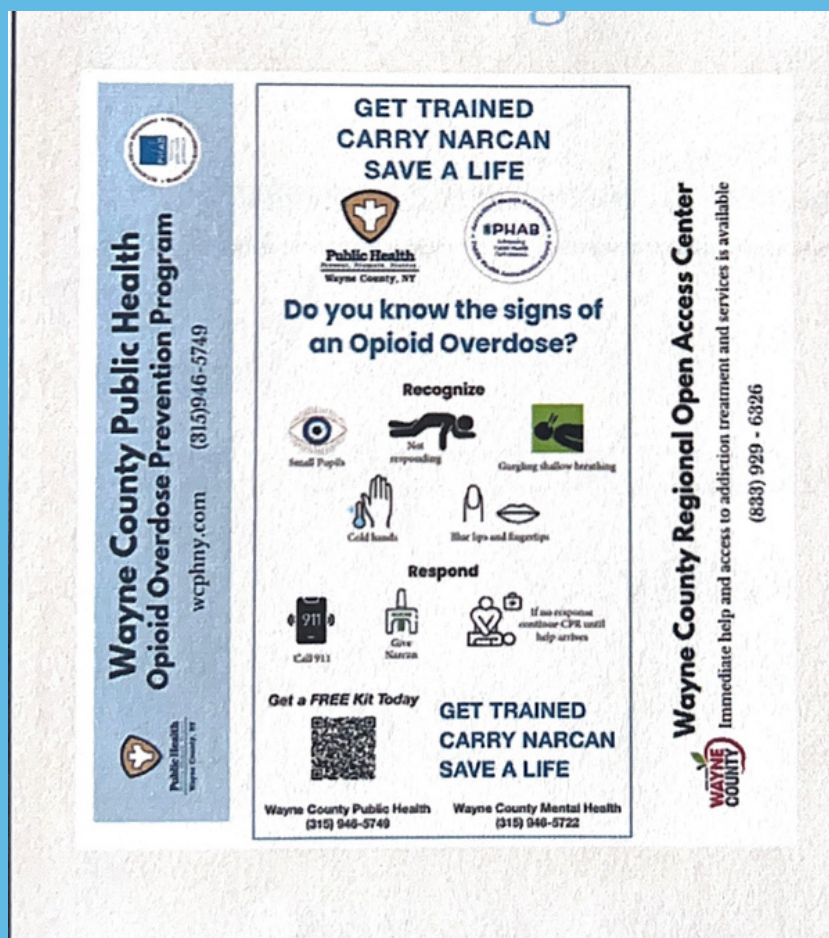
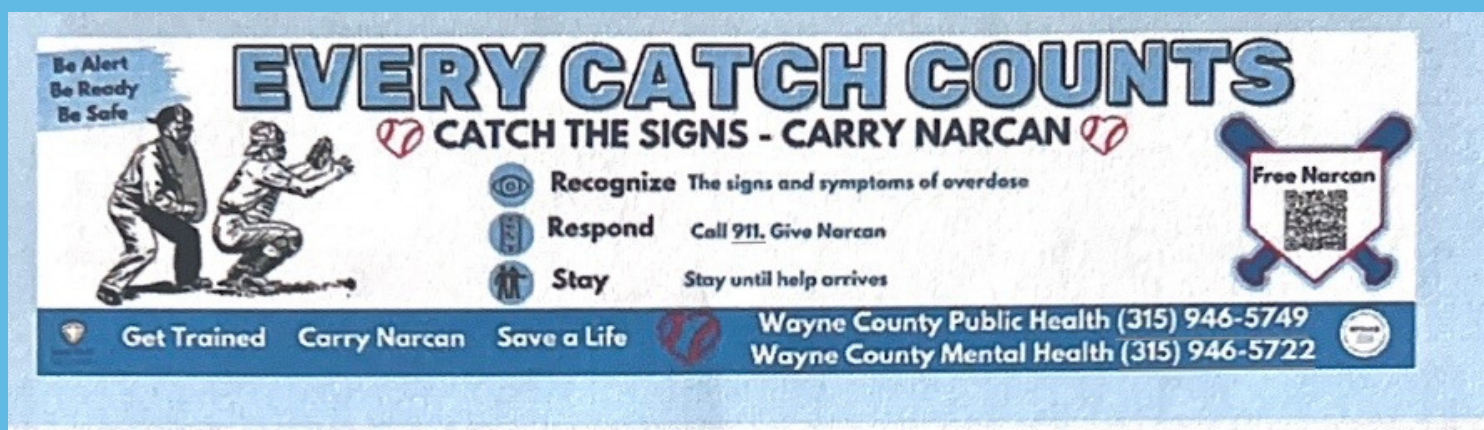
PIVOTAL PUBLIC HEALTH PARTNERSHIP

Opioid & Suicide Prevention Quarterly Newsletter



What's HAPPENING IN OUR REGION

Promoting Awareness in Wayne County



ABOVE:
Wayne County Banner
located at Newark Pilots
Baseball field.

LEFT:
RX bags with Wayne
service information and
resources.

Promoting Awareness in Steuben County



What's HAPPENING IN OUR REGION

WAYNE COUNTY PUBLIC HEALTH 2026 COMMUNITY TRAININGS

FREE suicide prevention trainings scheduled for Wayne County in 2026.

Additional trainings can be scheduled upon request.

an additional registration link will be sent for Adult Mental Health First Aid and Link to HOPE

Adult



Mental Health
FIRST AID

**ADULT MENTAL
HEALTH FIRST AID**
FEBRUARY 9TH
8:30AM - 5PM
IN-PERSON

REGISTRATION

<https://forms.gle/wtAwrQBfUBKJPJUts6>



**American
Foundation
for Suicide
Prevention**

**IT'S REAL: TEENS &
MENTAL HEALTH**
APRIL 20TH
3:30PM - 4:30PM
VIRTUAL

****For teens 14 - 18**



**American
Foundation
for Suicide
Prevention**

**MORE THAN SAD
(PARENTS)**
JUNE 8TH
5PM - 6:30PM
VIRTUAL



LINK TO HOPE
AUGUST 6TH
4PM - 5:30PM
HYBRID

QUESTIONS

315-946-5749

twilliams@waynecountyny.gov



**TALK
SAVES
LIVES**
An Introduction to
Suicide Prevention

TALK SAVES LIVES
OCTOBER 8TH
8:30AM-10AM
HYBRID

Adult



Mental Health
FIRST AID

**ADULT MENTAL
HEALTH FIRST AID**
NOVEMBER 16TH
8:30AM - 5PM
IN-PERSON



**PIVITAL PUBLIC HEALTH
PARTNERSHIP**

Opioid & Suicide Prevention
Quarterly Newsletter



What's
HAPPENING IN OUR
REGION

REGIONAL RESOURCES

**UPSTATE NEW YORK
POISON CENTER**

Find Upstate Poison Center's
free materials order form
[HERE](#)

***What do you do
with expired
Narcan?***

You can pass it along to an
organization that sends it to low
and no-access communities
across the United States.
Find more about it **[HERE](#)**.



*Scan QR code for
Previous Pivital Opioid and
Suicide Prevention
Newsletters*

ORS Team Resource HUB

[LINK to NY ORS Team Resource
HUB](#)

- Leave Behind Naloxone Website
- Quarterly Learning Session Info
- Toolkits
- And more!

How To Keep Loved Ones Safe



Safe Storage Tips

Unsecured firearms put lives at risk. This is especially true for children and individuals in crisis. Safe storage is one of the best ways to protect your loved ones.

ALWAYS LOCK YOUR GUN. Use a cable or trigger lock.

STORE GUNS UNLOADED. Keep them in a locked safe only you can access.

STORE AMMO SEPARATELY. Secure it away from your guns in a locked container.

PROTECT KEYS AND CODES FOR SAFES. Store them out of children's reach.

TEACH CHILDREN ABOUT GUN SAFETY. "Guns are not toys." "Guns should never be handled without adult supervision."

REPORT A STOLEN OR LOST GUN. Notify authorities immediately.

KNOW THE LAW. Stay up to date about firearm laws and how to store firearms safely.

TRANSPORT GUNS SAFELY. Unload and lock your gun in a storage container when traveling in a vehicle.

The Need

In the United States:

GUN VIOLENCE is a leading cause of premature death. **FIREARMS** are the leading cause of death for children and teens.


A GUN IN THE HOME
increases risk of suicide death

300%
increases risk of death in a domestic violence situation

500%


4.6 MILLION KIDS
live in homes with unlocked, loaded guns

MORE THAN

300

children unintentionally shoot themselves or someone else annually.

Safe Storage Options

Explore storage options that keep firearms accessible when needed, but help prevent their misuse.

GUN SAFE



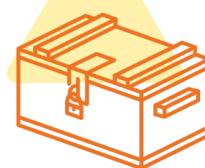
GUN CASE



TRIGGER LOCK



LOCK BOX



CABLE LOCK



SAFE STORAGE SAVES LIVES.

Learn more about safe gun storage, responsible gun ownership and how to protect children from firearms.

gunsafety.ny.gov



REALITY CHECK

OF ONTARIO, SENECA,
WAYNE AND YATES
COUNTIES



WHO WE ARE

Established in 2001, Reality Check is the youth action initiative affiliated with the Tobacco Action Coalition of the Finger Lakes, both operating under the umbrella of the American Lung Association.

WHAT WE STAND FOR

Reality Check, alongside our community partners, is dedicated to safeguarding young individuals from tobacco advertising through various engagement, educational, and awareness endeavors. These efforts aim to shed light on the genuine consequences of Big Tobacco's marketing strategies and their impact on community well-being. Our program fosters the development of essential skills among youth, including community outreach, public speaking, leadership, and teamwork.



WANT TO KNOW MORE?

CONTACT US AT:

Hali.Rockow@lung.org

585.666.1395

Did you know?

The average age of a new smoker in NYS is 13 years old.



OUR BELIEF

Flexibility is a cornerstone of Reality Check, accommodating student schedules and commitments. Participants engage in a range of local, state, and national events aimed at educating all community members, including legislative leaders, about the significance of creating a tobacco-free society.





Kick Off Event

Lake Life Brewery
111 Liberty St,
Penn Yan, NY
14527



Yates County Out of the Darkness Walk Events

Keuka Lake Out Of
TheDarkness walk
Wednesday July 29th 5-8 on
refreshments, and live music
and learn about the walk.
you can also sign up your
team



American
Foundation
for Suicide
Prevention



Penn Yan Elks Lodge 1722



Wednesday September 10 2026
World Suicide Day
Keuka Lake out of the Darkness walk
Spaghetti Dinner
5:00 pm-7:00 pm
Penn Yan Elks club 133 Main Street
Penn Yan NY
Eat in or take out
\$ 12.00 Adult
\$5.00 child under 3 free

2





**American
Foundation
for Suicide
Prevention**



Keuka Lake Out of The Darkness Walk 2026

Keuka Lake State Park: 3560 Pepper Road Keuka Park NY 14527

Let Them know you are with the Walk at the Gate.

October 4th, 2026, Registration starts at 11:00am Walk at 1:00PM

community outreach tables, Food Trucks, Different activities, Live Music by Nate Michaels, Photo Booth, Lots of different Raffle items, Overnight stay at the Hampton and the Hotel Canandaigua both include Breakfast. Knighthawks tickets and lots more



Summer Safety Tips from:

UPSTATE NEW YORK POISON CENTER

SUMMER

UPSTATE NEW YORK POISON CENTER
SAFETY WITH THE



Keep your family safe from

common warm-weather hazards:

Pool chemicals—Store in original containers, tightly closed and out of reach.

Pesticides—Never spray near food, pets or children. Use as directed.

Fertilizers—Keep off hands and feet. Store away from curious kids.

Bug sprays—Avoid eyes, mouth and open wounds. Apply in well-ventilated areas.

Sunscreen—Supervise young children's use. Store with caps tightly sealed.

Alcoholic beverages—Don't leave unattended or near children.

Lighter fluid, tiki torch fluid or kerosene—Flammable! Very dangerous if ingested. Keep locked away and far from flames.

Propane and gasoline—Use outdoors only. Store tanks upright, in a well-ventilated area, and away from children.

Fireworks—Leave to professionals. Store sparklers and novelty items safely.

Plants, berries and mushrooms—Teach kids not to touch or taste unknown plants.



Check out our summer safety video:

UPSTATE NEW YORK POISON CENTER

What is a Poison?

A poison is anything that can harm your body if you touch, taste, breathe or swallow it. Poisons harm your body if they are used in the wrong way, in the wrong amount, or by the wrong person.

Year-Round Safety Tips:

- **Store** all medicine, vitamins, cleaning supplies and personal care products up and away, out of sight and reach of children.
- **Keep** all products in original containers to avoid confusion, as some may have the same shape, size, color or smell as food or drink items.
- **Always read** labels and follow directions before use.
- **Do not** call medicine "candy."
- **Limit** the amount of medicine in your home and dispose of expired or unused medicine properly.
- **Install** carbon monoxide detectors, and service appliances regularly to prevent the buildup of this colorless, odorless, tasteless and deadly gas. Use generators, grills and engines outdoors and away from windows.
- **Teach** kids not to touch or eat plants, berries or mushrooms.
- **Store** cannabis, alcohol, tobacco & nicotine products out of reach. Consider using a lock box.

Funding & Support provided by: the Upstate Foundation, Upstate New York Poison Center and Upstate Emergency Medicine.

SAVE OUR NUMBER IN YOUR PHONE TODAY! • 1-800-222-1222
FAST • Your paragraph text • IDENTICAL • OPEN 24/7

Summer Safety Tips from:

UPSTATE NEW YORK POISON CENTER

TIPS FOR THE SAFE USE OF DEET AND PERMETHRIN:



For both DEET and Permethrin:

- Read and follow all directions and precautions on the product label.
- Do not let children apply it to themselves.
- Keep out of reach of children and store away from children when the product is not in use.
- Do not apply in enclosed areas.



DEET:

- Put the product on hands first and then apply to the face; avoid the eyes, nose, and mouth.
- Do not use it on skin with rashes, cuts, sunburn or irritated skin.
- Do not apply DEET directly on children; use it on your hands and then put it on the child.
- Wash treated skin with soap and water after returning indoors.
- Wash clothes separately.

Permethrin:

- Permethrin spray is only for clothes and gear. It should not be applied directly to your skin.
- Apply to outerwear clothing only.
- Hang treated clothing outdoors for several hours before wearing it.
- Permethrin can remain protective for up to 2 weeks.
- Wash clothing separately before reapplying permethrin.



Questions or concerns?
Call: 1-800-222-1222

UPSTATE NEW YORK
POISON CENTER

UPSTATEPOISON.ORG • 1-800-222-1222 • FAST • FREE • CONFIDENTIAL • OPEN 24/7

Secure Vape Disposal



Vape pens and electronic cigarettes are products used to deliver e-liquids, ex. nicotine, cannabis and flavorings. Both the products and e-liquids are considered **hazardous wastes** and are prohibited from being disposed of in the trash or recycling.

Do NOT put in the trash or recycling where the batteries can get punctured or crushed.

Do NOT put nicotine-containing e-liquids down the drain.

Do NOT disassemble due to the dangers associated with the batteries and liquids in these devices.

Most devices contain a lithium-ion battery. **Under certain conditions, lithium-ion batteries can catch fire** or explode. Improper handling of lithium-ion batteries is dangerous to you and to the workers and facilities where materials go to for disposal or recycling. For these reasons, **vaping products are not accepted with your household recycling and should never be placed in your household trash.**

In order to prevent fires:

- Avoid damage to the battery.
- Place each individual battery or individual e-cigarette in a separate clear plastic bag that is sealed (ex. Ziploc bag)
- If a battery is smoking, call 9 1 1.

Collected devices should be brought to an Ontario County Hazardous Waste Collection Event.

Visit OntarioCountyRecycles.org and click events to view dates and registration information.



**Ontario
County**
Department of
Sustainability and



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID

Identify. Understand. Respond.

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults..

3 Reasons to Become a Mental Health FirstAider



BE PREPARED

When a mental health crisis happens, know what to do



YOU CAN HELP

People with mental illnesses often suffer alone



YOU CARE

Be there for a friend, family Member, or colleague

WHAT IT COVERS

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

Community-Specific Courses in Wayne County

Trainings
provided at
NO COST

Includes
Lunch



SCAN ME!

Contact: Bridget Dougherty-Herman
bdougherty-herman@DelphiRise.org

We are **4million** strong.

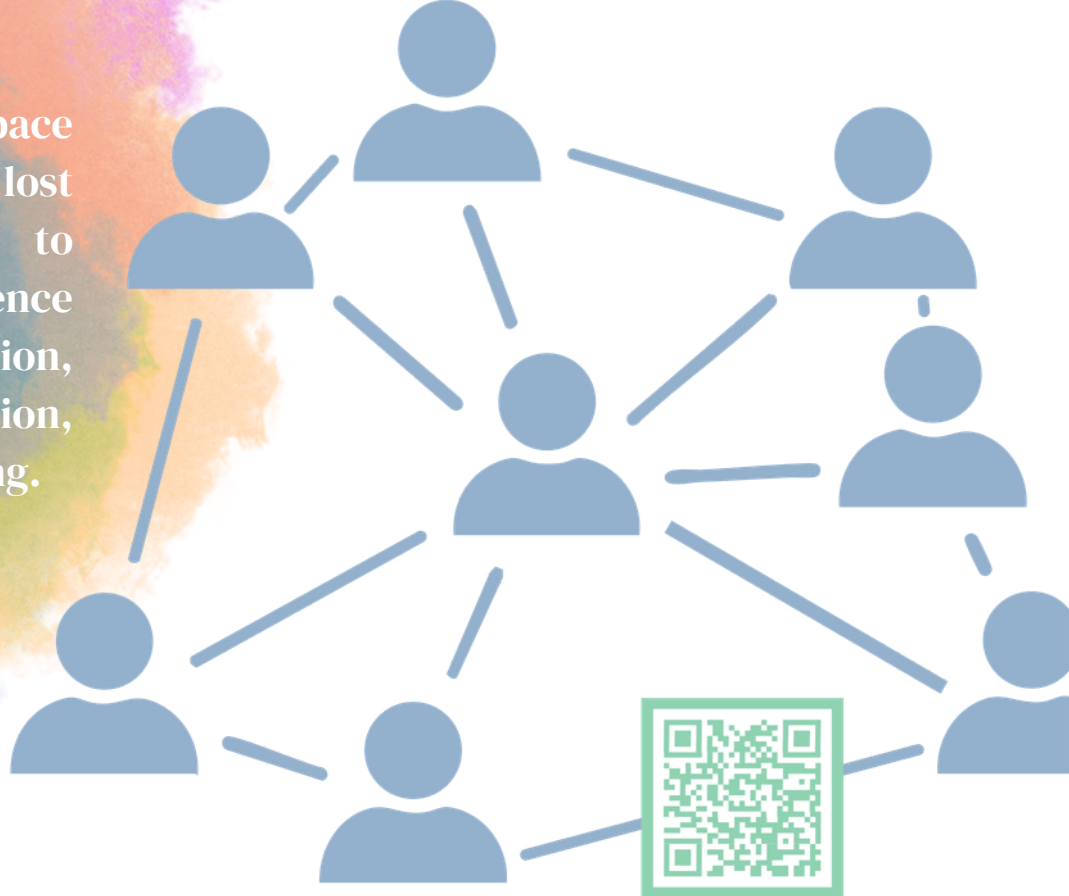


Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

Be the Difference

Delphi Rise
Together We Rise!

A safe, compassionate space for individuals who have lost a loved one to suicide to gather in shared experience for comfort, connection, peer-led conversation, support, and understanding.



SURVIVORS OF SUICIDE LOSS SUPPORT GROUP

Meets Second Thursday Every Month
CareFirstNY | 3805 Meads Creek Rd.

Painted Post, NY

10AM-11:30AM

FREE to Attend | Drop-In Format
Open to anyone age 18+

Questions?

Call us at (607) 962-3100
for more information.



American
Foundation
for Suicide
Prevention



National Alliance on Mental Illness

Steuben
County NY

CareFirstNY



PRESENTED IN PARTNERSHIP BY:

PROTECT YOUR WORKPLACE

Save Lives

**OPIOID
COMMITTEE**
STEUBEN PREVENTION COALITION



Why Act Now?

Opioid overdose can happen anywhere—even at work. Bathrooms, parking lots, and break rooms are common locations. Quick Action can mean the difference between life and death.

Narcan® saves lives.

It reverses opioid overdoses by restoring breathing and consciousness. It's safe, effective, and easy to use. The US Surgeon General recommends making Narcan® widely available, including in workplaces.

WHAT WE PROVIDE – FREE:

- Narcan Kits
- Emergency Wall Units (holds 3 boxes of Naloxone)
- Staff training to recognize and respond to overdoses

BENEFITS TO YOUR BUSINESS:

- **Reduce Risk and Liability** – Protected under the NYS 911 Good Samaritan Law
- **Enhance Workplace Safety** – Employees feel prepared and confident.
- **Show Leadership and Responsibility** – Customers and staff value businesses that care.



Connie.Terry@dor.org



(607) 368-5921

Together, we can make the workplace safer and save lives.