

FALL EDITION
SEPTEMBER 2026

PIVOTAL PUBLIC HEALTH PARTNERSHIP
**Opioid & Suicide Prevention
Quarterly Newsletter**

Highlighting prevention efforts for Chemung, Ontario, Schuyler, Seneca
Steuben, Wayne, and Yates County.

Volume 3, Issue 3

CHEMUNG

DRUG FREE COMMUNITY COALITION OF CHEMUNG COUNTY

The DFCC social media posts for September included the link to the survey to help us shape Chemung County, "Did you Know" posts that centered around social connections, recovery, and the importance of conversations, information on the new school year, which brings new routines and opportunities, suggestions for providing a kind word and encouragement to others and the importance of that, and more. To link to DFCC FB, click [HERE](#)

A survey to gauge the needs of the community along with their readiness to participate in change was created and distributed county-wide to get feedback and suggestions on what the coalition is doing well and suggestions for improvement. Questions focused on "what challenges do we need to address in our community" and "what is strong in Chemung County?" The surveys will be distributed throughout the months of August and September.

The Youth Engagement initiative is underway, working to determine Youth Advisory Board structure, Parent Advocacy Structure, and applications for youth Advisors and participants. Recruitment is planned to begin this fall with the goal of engaging youth leadership to strengthen community involvement. The team is also creating a network of Champions who will provide mentorship, offer resources and support, assist with youth activities, host events, and help develop future community leaders.



[WEBSITE LINK](#)

STEUBEN

STEUBEN PREVENTION COALITION: OPIOID COMMITTEE

Speaker Jam will take place on Thursday, September 24, 2026, from 4-7 PM, where individuals have the opportunity to share their recovery stories. Information about prevention, programs, and services in the community will be shared.

A new project is underway for medication safety lock boxes for seniors. The medication boxes will be chosen so that they are easy to use, and they will have information from poison control and medication safety plans. The plan is to distribute them at tabling events and possibly at the Office for Aging.

Members of the committee attended a presentation with the Overdose Response Strategy (ORS) to talk about spike alert and response protocol. A team will be put together to determine next steps.

Trainings in the past few months were completed at IHS, Corning/Painted Post, and throughout Steuben County, and over 90 people were Narcan trained. Trainers are also working in some classrooms to train students.

Upcoming events include Speaker Jam on September 24, 2026, and Drug Take Back Day on October 24, 2026.



[WEBSITE LINK](#)

PIVOTAL PUBLIC HEALTH PARTNERSHIP

Opioid & Suicide Prevention Quarterly Newsletter

SCHUYLER

SUICIDE AWARENESS FOR EVERYONE (S.A.F.E.)

SAFE participated in the annual **Schuyler Pride Celebration** with over 400 people in attendance. About 40 people came to the table to chat and pick up resources.

The **Public Health Kiosks** are now equipped with **SAFE rack cards** that have [The 5 STEPS](#) for resources.

For **September, Suicide Prevention Month**, **coasters and coffee sleeves** were shared with **local restaurants**. **SAMHSA's toolkit** provides weekly themes, social media shareables, and more for Suicide Prevention Month; **SAFE** will use these resources for social media posts during the month of September. **If interested in these resources, you can find the link [HERE](#).**

A press release was distributed on September 1st from the LHD with the message that **we all have a role to play in suicide prevention**. The release gave information on **SAFE** and how to join the coalition, as well as information on the **five-step approach** from the **#Bethe1to campaign**, which can be found [HERE](#)



[WEBSITE LINK](#)

SENECA

OPIOID OVERDOSE TASK FORCE

SCOOP's Narcan distribution has been extended to 42 partner locations, with 390 doses deployed. Including vending machines left behind and community red box locations, there have been **840 doses deployed county-wide**. Inventory tracking and the master partner contact list are updated on an ongoing basis.

SCOOP participated in the Lodi Bicentennial and the Bike Rodeo in Seneca Falls. Each event reached a large number of participants with distribution of literature and Deterra.

SCOOP, in partnership with the Office for Aging, provides presentations to seniors on social isolation, Opioid Medication Education, and Suicidal Ideation Prevention outreach on an ongoing basis.

Door-to-door canvassing took place in Interlaken on Saturday, August 22nd, with volunteers going door to door to meet community members, offer resource packets, and talk about Isolation Opioid Safety/Stigma Reduction and Suicide Prevention Outreach. See more about the event on the photo pages.

[Website link](#)



SUICIDE PREVENTION TASK FORCE

The team put together **Hunter Safety kits**, which included **tick kits and literature about hunting safety**. Over 300 kits were distributed to Town Clerks.

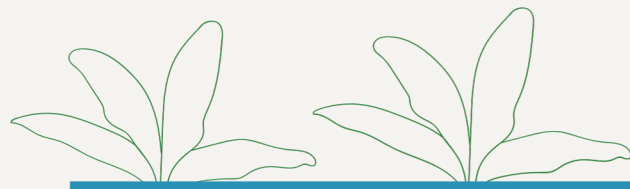
The second annual Painting the Picture of Wellness, originally scheduled for August 31 in alignment with International Opioid Awareness Day, had to be rescheduled for the FALL due to bad weather. Look for the event coming soon with Color Fun Run for kids, Spin Art bike, Chalk Walk, music, and more **to promote self-care, creative expression, and social connection**. Activities include painting wellness shirts prior to the run, face painting, spin bike, chalk walk, and more. Narcan training will be provided by Faith Tyler and Camilla Rodriguez of CAAFL. The Waterloo soccer team will assist with the color run, providing soccer drills and companionship for the kids attending the event.

A Town Hall is being planned for October 9th from 8:30 to noon to increase awareness of suicide prevention, foster open dialogue about mental health, and gather community input. It will feature speakers **Garra Lloyd-Lester, Coordinator of Community and Coalition Initiatives**, Suicide Prevention Center of New York, Office of Mental Health, and **Mary Beth Dryer, Upstate Poison Center**. Wellness activities and discussion with community members will highlight the morning.

[Website Link](#)



PIVOTAL PUBLIC HEALTH PARTNERSHIP Opioid & Suicide Prevention Quarterly Newsletter



YATES

YATES PREVENTION COALITION

The **Yates Suicide Prevention Coalition** had speakers from **Keuka Compass, an LGBTQ social and Advocacy group. Their goal is to put on educational programs and increase awareness and visibility of LGBTQ community members in Yates County.** They spoke about the prevalence of higher rates of suicides and suicidal ideation in LGBTQ communities. The organization has been around since 2017. They can be reached on FB at www.facebook.com/KeukaCompass/

Mark your calendars: the 2026 **Out of Darkness Walk** will take place on Sunday, **October 4th** at Keuka Lake State Park. All are Welcome! See flyers below for more details.

The Substance Prevention Committee is working on prevention of youth vaping and harm reduction throughout the community. All schools want Vape Detectors as part of the JUUL Settlement Funding. **Surveys on youth vaping** have gone out to parents and students at all schools in the County.

The Implementation/Outreach Committee's events this summer included the Yates County Fair and the concert in the Park in Penn Yan. Upcoming events include Keuka College One Walk, Fall school Open Houses, and the Out of Darkness Walk.



[WEBSITE LINK](#)

ONTARIO

ONTARIO COUNTY SUICIDE PREVENTION COALITION SUBSTANCE ABUSE PREVENTION COALITION OF ONTARIO COUNTY

The Hope and Healing Network gathered for a **picnic on July 13th at Kershaw Park in Canandaigua.** This was a great way to network and find out more about one another! A board map of Ontario County and surrounding areas was presented to the group, where **coalition members mapped out places where resources were available for all community members.** After the event, the coalition reviewed the resource map and discussed barriers to accessing mental health and substance use services. The takeaway was that resources are scarce and clustered around cities. **A one -page resource for mental health care and substance use treatment was updated as a result of this discussion.**

The group has had many transitions in leadership over the past few months, and **they will continue to examine coalition structure and further define coalition workgroups.**

There will be a two-day **ASIST training on October 15-16, 2026, in the Ontario County Training Center. See flyer.**



Ontario Cares
Suicide Prevention Coalition

[WEBSITE LINK](#)



Ontario Cares
Substance Abuse Prevention

PIVOTAL PUBLIC HEALTH

PARTNERSHIP

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WAYNE

WAYNE COUNTY SUICIDE PREVENTION COALITION

Ashley Smith from the VA Finger Lakes, gave a presentation on **Health Implications on Loneliness**. She described the difference between loneliness and social isolation and ways to create social connection. This has become an urgent public health issue. A document on ***The Epidemic of Loneliness and Isolation, The U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community*** was shared and can be found [HERE](#).

"Social Connection is a fundamental human need." It may be one of the strongest protective factors against self-harm and suicide.

Rachel Hulst from the 211 Database helpline joined to share the **211 GETHELPNY**. She explained that **sending GETHELPNY to 898-211 provides automated substance use support. This is a low-barrier access to resources supporting recovery. It keeps searchers in the loop with follow-up messaging and support.** The program is now available in 14 counties.

Kathryn Demarco, Wayne County Department of Aging and Youth, **shared information on programs for seniors including lunch clubs, upcoming Medicare Fairs, and transportation for seniors.** A partnership with RTS offers transportation where residents can get a ride to get their prescriptions, groceries, etc., and a transportation service to medical and agency appointments that began in August.

Samantha Standing, the new **Director from AFSP**, gave a review of activities and offerings at AFSP. You can find information on Western NY AFSP Chapter [HERE](#). Information on Personal Support for Survivors of Suicide Loss can be found [HERE](#).



WEBSITE LINK

COALITION CONTACT INFORMATION

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Drug Free Community Coalition of Chemung County

Ashley Tomassini

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Breanna Rosato

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Ontario County Hope and Healing Network

Kerry VanAuken,

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Marianna Toye

MToye@waynecountyny.gov

Wayne County Opioid Task Force

Laurie Mault,

laurie.mault@dor.org

Interim

Steuben Prevention Coalition: Opioid Committee

Karen Burcoff

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John Kriegelstein

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Seneca County Suicide Prevention Coalition

Glenn Smith

glenn@uwseneca.org

Seneca County Overdose Task Force (SCOOP)

Lisa Principio

Lisa.Principio@yatescountyny.gov

Yates Prevention Coalition

Suzanne Catholdi

scatholdi@co.wayne.ny.us

Wayne County Suicide Prevention Coalition

By: Kathy Wille
Pivotal Public Health Partnership
kwille@pivotalphp.org

SENECA COUNTY SCOOP CONNECTS WITH INTERLAKEN RESIDENTS

Seneca County's SCOOP (Seneca County Opioid Prevention Program) held a canvassing event on August 22, 2026, in Interlaken, creating an opportunity to connect with local residents and share information about resources available throughout Seneca County. The event focused on meaningful conversations with community members, giving residents an opportunity to share their thoughts, experiences, and concerns on a variety of topics that affect their health and well-being. Discussions focused on resource awareness, transportation and mobility, isolation and community connectedness, prescription opioid education, stigma and social safety, and basic rural infrastructure. Through these conversations, SCOOP continues to build relationships with residents, better understand the needs of the community, and connect individuals and families with resources and support. Resident input is an important part of strengthening prevention efforts and creating healthier, more connected communities.

One hundred seventy-two homes were visited, with about 39% answering the door. Many residents reported having no knowledge of services and supports in the County. Transportation and mobility issues were evident, with residents describing the challenges posed by not having a car to access healthcare, groceries, and community activities. Loneliness and limited activities also emerged during the conversations. Many residents who were taking prescription opioids or had been prescribed opioids in the past reported that no clinician had discussed the risk of addiction with them. Many described fear of judgment and expressed a desire for greater access to groceries, a town bulletin listing activities, dependable transportation, and accessible assistance.

The group will continue canvassing communities throughout the next several months to reach residents across all areas of Seneca County. Feedback and information gathered through these conversations will be compiled and shared with the community in 2027, which will provide an overall look at the needs, concerns, and ideas shared by residents.

Canvassing volunteers
(center to left):
Gkenn Smith, Director of
SCOOP; Megan O'Keefe,
STEPS; Ashley Brunner
and Taylor Garrett,
FLACRA;
Kyla Maszczak, SPCS;
Shayna Arroyo, KPH
Healthcare, is not pictured



**PIVOTAL PUBLIC HEALTH
PARTNERSHIP**

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What's
HAPPENING IN OUR
REGION

REGIONAL RESOURCES

**UPSTATE NEW YORK
POISON CENTER**

Find Upstate Poison Center's
free materials order form
HERE

***What do you do
with expired
Narcan?***

You can pass it along to an
organization that sends it to low
and no-access communities
across the United States.
Find more about it **HERE**.

**UPSTATE NEW YORK
POISON CENTER**

**Online Poison
Prevention
Training**

This is appropriate for all
audiences. After viewing the brief
online video, user has access to
three robust toolkits with lesson
plans, videos, look alike flip
charts, activity sheets and more.
FIND MORE INFORMATION
HERE

**September is Suicide
Awareness Prevention
Month**

Click **HERE**
for SAMHSA Suicide Prevention
Toolkit

Find more information about the
**NYS Roadmap for Suicide
Prevention**
HERE

UPSTATE NEW YORK POISON CENTER

News and Information

We need input! As community partners, you have unique perspectives on the needs and challenges facing your communities. Your feedback will help us identify priorities and will help us focus prevention efforts and resources where they are needed most. What you tell us will help guide future programming, partnerships, and outreach efforts. See below for links to Public and Partner Surveys.

**WE VALUE
YOUR FEEDBACK**

UPSTATE NEW YORK
POISON CENTER

**TAKE OUR
PARTNER NEEDS
ASSESSMENT**

**YOUR INPUT
HELPS US:**

- Identify priorities
- Prioritize resources
- Improve education and outreach
- Strengthen partnerships
- Meet community needs

SCAN ME!



<https://redcap.link/bwb9nb9qj>

Thank you!

UPSTATE.EDU/POISON • 1-800-222-1222 • FAST • FREE • CONFIDENTIAL • OPEN 24/7

**HELP US KEEP OUR
COMMUNITIES *SAFE!***

UPSTATE NEW YORK
POISON CENTER

Are you a community member?

Do you serve the community?

**SCAN TO TAKE OUR
POISON SAFETY AND
AWARENESS SURVEY**

**SCAN TO TAKE OUR
PARTNER NEEDS
ASSESSMENT**





UPSTATE.EDU/POISON • 1-800-222-1222 • FAST • FREE • CONFIDENTIAL • OPEN 24/7

Contact Mary Beth Dreyer (dreyerm@upstate) for presentations, community events, or free materials. And visit www.upstate.edu/poison for more information.

TIPS FOR A SAFE SCHOOL YEAR

As the new school year approaches, the Upstate New York Poison Center highlights the importance of preventing poisonings, especially related to medications. Parents should proactively safeguard against medication-related incidents and educate children about the potential dangers of certain substances, emphasizing the importance of avoiding peer pressure to engage in risky behavior.

School Medication Policies & Risks:

- Ask your child's school about the medication policy. Inform your child's teacher or nurse about any medication use, providing written details and educating them on potential side effects.
- Discuss medication policies, instructions, and risks with your child, especially emphasizing the dangers of misuse. Remind your child to never share their medication or take any medication that has not been prescribed to them.
- At home, keep the medication in its original container. Always keep medication out of sight and reach of younger children. Consider using a medication lock box.

Poisonous Plants, Mushrooms & Berries:

- Familiarize your child with the plants, mushrooms, and berries in and around their school.
- Remind your children never to eat a plant, mushroom, or berry unless provided by a teacher, school nurse, or other trusted adult.

Lunchbox Safety:

- Store perishable items in an insulated lunch bag with an ice pack to keep food at a safe temperature.
- Teach kids to wash their hands thoroughly before eating.
- When using hand sanitizer, always supervise young children while using it. A child swallowing any more than a taste of this product could be at risk for alcohol poisoning. Ingestion of as little as an ounce or two by a small child could be fatal.

Storage of School Supplies:

- Keep art supplies, such as glue, markers, and paints, in a secure place.
- Instruct your child on proper usage.



Save our number now, before you need us: **1-800-222-1222**. It's the same phone number wherever you are in the country.

Member **AMERICA'S POISON CENTERS™**

UPSTATE NEW YORK
POISON CENTER

UPSTATE.EDU/POISON • **1-800-222-1222** • FAST • FREE • CONFIDENTIAL • OPEN 24/7

Connected *for* Hope

BUILDING A COMMUNITY OF SUICIDE PREVENTION

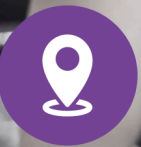
Presented by Partners for Suicide Prevention



Friday, October 2, 2026

9:00AM - 4:00PM

Registration begins at 8:30 AM



**MONROE 2-ORLEANS BOCES
PROFESSIONAL DEVELOPMENT CENTER**

Spencerport, NY



Register here!



Educational
Workshops



Community
Connection



Hope &
Healing



Support
Resources



Personal
Growth

About the Conference

A full-day conference featuring educational workshops, community connections, and conversations focused on suicide prevention, hope, healing, and resilience.

Who Should Attend

Community members, providers, educators, and advocates.

4.75 CME, SW, LMHC & Teacher
Credits Available

CTLE via separate Frontline registration



suicidepreventioncoalition.org



info@suicidepreventioncoalition.org

CATHOLIC CHARITIES STEUBEN LIVINGSTON PRESENTS:

2026 Fall Speaker Jam

9.24.26

September 24

FREE
HOT DOGS,
POPCORN,
AND WATER

4PM-7PM

Pulteney Park,
Bath, NY

FREE EVENT

Join us for a fun, community-focused
Prevention Services Speaker Jam
featuring local voices and organizations
sharing information about prevention
programs, services, and opportunities
available in our community.



QUESTIONS?
CONTACT
Ciji at 585-549-6559 OR
Autumn at 585-566-4707

Together, we can make our world a cleaner place!

Tobacco & The Environment

Cigarette butts are the **most littered item on the planet!** They're far from harmless. Made of plastic filters that never fully break down, they release nicotine, heavy metals, and other toxins as they weather. These chemicals threaten wildlife, contaminate water sources, and degrade the appearance of our shared public spaces.



Improper vape disposal is becoming a **growing environmental concern.** Unlike traditional cigarette waste, vapes contain batteries, plastic, metal, and toxic chemicals that can leak into soil and water when thrown in the trash or littered. As vaping grows in popularity, the volume of this hazardous waste increases.



NO SMOKING
NO VAPING
NO NICOTINE
PRODUCTS

Contact
TACFL *today*
to learn how you can
make a difference!



Scan for more info!



585-484-1503



Tracy.BrownSimmons@Lung.org

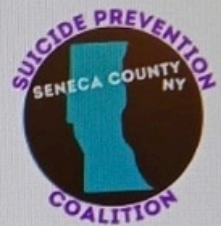


SmokeFreeFingerLakes.com

Suicide Prevention Coalition Town Hall

Friday, October 9th ~ 8:30am to 12pm
Seneca Falls Recreation Center

Agenda



8:30a – 9a: Networking

9a – 9:15a: Welcome

9:15a – 10a: Garra Lloyd-Lester

Coordinator Community and Coalition Initiatives, NYS Office of Mental
Health's Suicide Prevention Center (SPCNY)

10a – 10:10a: Break

10:10a – 10:45a: Mary Beth Dreyer

Upstate New York Poison Center, Health Education Program Manager

10:45a – 11a: Make your Day Brighter Boxes

Seneca County RiSE Youth Coalition

11a – 11:15a: Announcements

11:15a – 12p: Wellness Activity (Propagation Station)



SEPTEMBER IS
**SUICIDE
PREVENTION**
AWARENESS
MONTH

WALK WITH US

TO PREVENT SUICIDE



REGISTER TODAY

2026 Keuka Lake Out Of The Darkness Walk
Sunday, October 4, 2026 | Keuka Lake State Park

Check-In @ 11AM | Event Start @ 1:00pm

Includes opening ceremony, hope & healing activities,
resource tables, honor beads, food trucks, and live music.



Register at
afsp.org/KeukaLake



American
Foundation
for Suicide
Prevention





Keuka Lake Out of The Darkness Walk 2026

Keuka Lake State Park: 3560 Pepper Road Keuka Park NY 14527

Let Them know you are with the Walk at the Gate.

October 4th, 2026, Registration starts at 11:00am Walk at 1:00PM

community outreach tables, Food Trucks, Different activities, Live Music by Nate Michaels, Photo Booth, Lots of different Raffle items, Overnight stay at the Hampton and the Hotel Canandaigua both include Breakfast. Knighthawks tickets and lots more





Office of
Mental Health



 **LIVINGWORKS**

ASIST Training

APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)

Dates: October 15 & 16, 2026 (BOTH days)

Times: 8:30 am to 4:30 pm both days

Location: 3019 County Complex Drive, Rm 204
Canandaigua NY 14424

Cost: There is no fee, but you **MUST PREREGISTER**



Space is limited, please register by: October 1, 2026

Learn the skills. Save a life

How To Keep Loved Ones Safe



Safe Storage Tips

Unsecured firearms put lives at risk. This is especially true for children and individuals in crisis. Safe storage is one of the best ways to protect your loved ones.

ALWAYS LOCK YOUR GUN. Use a cable or trigger lock.

STORE GUNS UNLOADED. Keep them in a locked safe only you can access.

STORE AMMO SEPARATELY. Secure it away from your guns in a locked container.

PROTECT KEYS AND CODES FOR SAFES. Store them out of children's reach.

TEACH CHILDREN ABOUT GUN SAFETY. "Guns are not toys." "Guns should never be handled without adult supervision."

REPORT A STOLEN OR LOST GUN. Notify authorities immediately.

KNOW THE LAW. Stay up to date about firearm laws and how to store firearms safely.

TRANSPORT GUNS SAFELY. Unload and lock your gun in a storage container when traveling in a vehicle.

The Need

In the United States:

GUN VIOLENCE is a leading cause of premature death. **FIREARMS** are the leading cause of death for children and teens.


A GUN IN THE HOME
increases risk of suicide death

300%
increases risk of death in a domestic violence situation

500%


4.6 MILLION KIDS
live in homes with unlocked, loaded guns

MORE THAN

300

children unintentionally shoot themselves or someone else annually.

Safe Storage Options

Explore storage options that keep firearms accessible when needed, but help prevent their misuse.

GUN SAFE



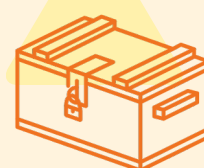
GUN CASE



TRIGGER LOCK



LOCK BOX



CABLE LOCK



**SAFE STORAGE
SAVES LIVES.**

Learn more about safe gun storage, responsible gun ownership and how to protect children from firearms.

gunsafety.ny.gov



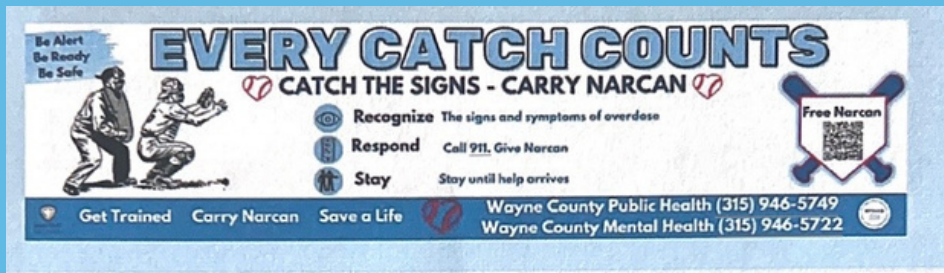
PIVOTAL PUBLIC HEALTH PARTNERSHIP

Opioid & Suicide Prevention Quarterly Newsletter



What's HAPPENING IN OUR REGION

Promoting Awareness in Wayne County

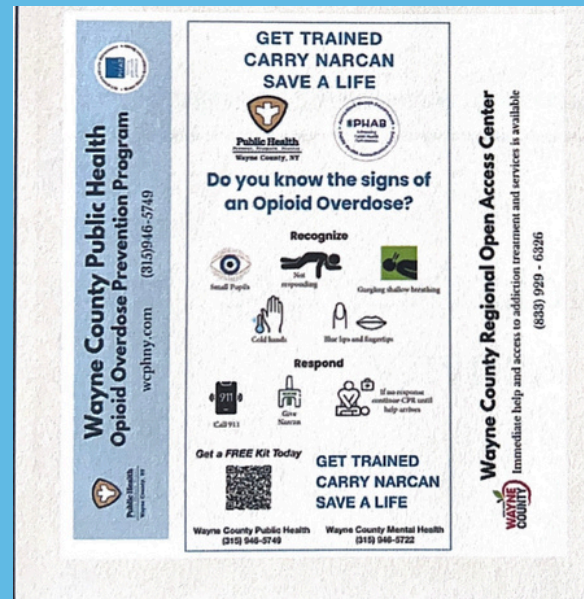


LEFT:

Wayne County Banner located at Newark Pilots
Baseball field.

RIGHT:

RX bags with Wayne service information and resou



Upcoming PRC Trainings

DEPAUL
National Council on Alcoholism
& Drug Dependence – Rochester Area

1931 Buffalo Rd
Rochester, NY 14624
(585) 423-1988 fax
www.ncadd-ra.org
facebook.com/ncaddra

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Jennifer Faringer, MEd.
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Finger Lakes Prevention Resource Center
TRAINING OPPORTUNITY

Environmental Change Strategies

Presenter: FL PRC

DATE: October 8th, 2024
TIME: 11:00 AM – 12:30 PM
COST: \$0, pre-registration required
Limited to 30 participants

Content: Environmental strategies are designed to change the community, social, and economic contexts in which people access and use alcohol, tobacco, or other illicit drugs. They are primarily aimed at influencing behavior through the establishment and enforcement of laws, policies, and regulations by looking at settings and conditions in which people live, work, and socialize. These strategies call for change in policies – to reduce risk factors and increase protective factors. Participants will learn about environmental strategies and will be able to apply them to their current work.

Registration Deadline: October 2nd, 2024

Training Location
Ontario County Training Center
2914 County Rd Ste 48, Canandaigua, NY 14424

Training Date/Title: Friday, October 8th, 2024 – Environmental Strategies
Deadline: October 2nd, 2024

Name: _____ Job Title: _____
Employer: _____ Telephone: _____
Address: _____
Fax/email: _____

Return form via Email to Irene Lawrence
ilawrence@depaul.org
For more information or to register, please contact Irene Lawrence
Ph: (585) 719-3482, fax: (585) 423-1908

1.5 Check hours
CASAC renewal only
CPP Section 2 & renewal
CPS Section 2 & renewal

DEPAUL
National Council on Alcoholism
& Drug Dependence – Rochester Area

1931 Buffalo Rd
Rochester, NY 14624
(585) 423-1988 fax
www.ncadd-ra.org
facebook.com/ncaddra

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Finger Lakes Prevention Resource Center
TRAINING OPPORTUNITY

**Conversations and Coffee Networking
Event**

Host: FL PRC

DATE: October 23rd, 2026
TIME: 11:00 AM – 2:00 PM
COST: \$0, pre-registration required
Limited to 50 participants

Content: Coffee and Conversations with the FL PRC is back. We will come together to share ideas and connect with other coalitions in our region. We will have 3 great presentations from some of our local coalitions on a range of topics that include; best practice for addressing opioid issues, efforts for successful youth engagement, coalition sustainability without funding. The how to's and how not to's of so many good topics. As always lunch will be provided by our sponsor, Wegmans! We hope to see all of our coalitions at the event so please invite your members.

Registration Deadline: October 18th, 2026

Training Location
Wood Library Canandaigua
134 North Main Street, Canandaigua NY

Name: _____ Job Title: _____
Organization: _____ Telephone: _____
Email: _____

Return form via Email to Irene Lawrence
ilawrence@depaul.org
For more information or to register, please contact Irene Lawrence
Ph: (585) 719-3482, fax: (585) 423-1908



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID

Identify. Understand. Respond.

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults..

3 Reasons to Become a Mental Health FirstAider



BE PREPARED

When a mental health crisis happens, know what to do



YOU CAN HELP

People with mental illnesses often suffer alone



YOU CARE

Be there for a friend, family Member, or colleague

WHAT IT COVERS

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

Community-Specific Courses in Wayne County

Trainings
provided at
NO COST

Includes
Lunch

Contact: Bridget Dougherty-Herman
bdougherty-herman@DelphiRise.org



SCAN ME!

We are **4million** strong.



Be the Difference

Delphi Rise
Together We Rise!

What's HAPPENING IN OUR REGION

WAYNE COUNTY PUBLIC HEALTH 2026 COMMUNITY TRAININGS

FREE suicide prevention trainings scheduled for Wayne County in 2026.

Additional trainings can be scheduled upon request.

an additional registration link will be sent for Adult Mental Health First Aid and Link to HOPE

Adult



Mental Health
FIRST AID

**ADULT MENTAL
HEALTH FIRST AID**
FEBRUARY 9TH
8:30AM - 5PM
IN-PERSON

REGISTRATION

<https://forms.gle/wtAwrQBfUBKJPJUts6>



**American
Foundation
for Suicide
Prevention**

**IT'S REAL: TEENS &
MENTAL HEALTH**
APRIL 20TH
3:30PM - 4:30PM
VIRTUAL

****For teens 14 - 18**



**American
Foundation
for Suicide
Prevention**

**MORE THAN SAD
(PARENTS)**
JUNE 8TH
5PM - 6:30PM
VIRTUAL



LINK TO HOPE
AUGUST 6TH
4PM - 5:30PM
HYBRID

QUESTIONS

315-946-5749

twilliams@waynecountyny.gov



**TALK
SAVES
LIVES**
An Introduction to
Suicide Prevention

TALK SAVES LIVES
OCTOBER 8TH
8:30AM-10AM
HYBRID

Adult



Mental Health
FIRST AID

**ADULT MENTAL
HEALTH FIRST AID**
NOVEMBER 16TH
8:30AM - 5PM
IN-PERSON

